1 Purpose of the participant report

This final report on your mobility experience will provide the EU's Erasmus+ programme with valuable information, which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 45/2001 of the European Parliament and of the Council of 18 December 2000 on the protection of individuals with regard to the processing of personal data by the European Union institutions and bodies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating institutions, their national agencies and the European Commission. More details in Specific Privacy statement.

2 Identification of the Participant and General Information

2.1 First and last name

See section “Publication and Usage Rights of the Information and of the Email Address” at the end of this questionnaire concerning usage of the personal information.

2.2 Email address, where I can be contacted in the future

See section “Publication and Usage Rights of the Information and of the Email Address” at the end of this questionnaire concerning usage of the personal information.

Please correct this email address if necessary.

2.3 Was this your first staff mobility period financed by the Erasmus+ or Lifelong Learning Programmes?
2.4 Please indicate how many times you have been on staff mobility financed by Erasmus+ or Lifelong Learning Programmes since 2010
- 2-5 times
- 6-10 times
- More than 10 times

2.5 What type of activity did you carry out?
- teacher/training assignments
- staff training (work placements or job shadowing)
- other

2.6 What were your main motivations for taking part in this Erasmus+ mobility?
Multiple answers are possible.
- To acquire knowledge and specific know-how from good practice abroad
- To develop my own competences in my field and increase the relevance of my professional activity
- To increase knowledge of social, linguistic and/or cultural matters
- To gain practical skills relevant for my current job and professional development
- To increase my job satisfaction
- To build up new contacts/expand my professional network
- To reinforce the cooperation with a partner institution
- To build up cooperation with the labour market
- To create spin-off effects like curriculum development, development of joint courses or modules, academic networks, research collaboration etc.
- To experiment and develop new learning practices or teaching methods or pedagogical management
- To share my own knowledge and skills with students or peers
- To increase the quality and quantity of student and staff mobility to and from my sending institution
- To meet new people
- To increase my future employment and career opportunities
- To improve my foreign language skills
- To improve services offered by my sending institution
- Other

2.7 If other, please specify.
### 3.1 By participating in this Erasmus+ activity I have developed the following competences

<table>
<thead>
<tr>
<th>Competence</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communication in the mother tongue</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Practical skills (e.g. planning and organising, project management, etc.)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Analytical skills</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sense of initiative and entrepreneurship</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Learning to learn</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Interpersonal and social competences</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Emotional skills (e.g. having more self-confidence, etc.)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cultural awareness and expression</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### 3.2 I believe I have improved my skills in the main foreign language used during the mobility activity

- [ ] Yes
- [ ] No, I was already fluent
- [ ] No

### 3.3 The main language used during my mobility activity was

- [ ] Bulgarian
- [ ] Croatian
- [ ] Czech
- [ ] Danish
- [ ] Dutch
- [ ] English
- [ ] Estonian
- [ ] Finnish
- [ ] French
- [ ] German
- [ ] Greek
Hungarian
Irish
Italian
Latvian
Lithuanian
Maltese
Polish
Portuguese
Romanian
Slovak
Slovenian
Spanish
Swedish
Albanian
Icelandic
Letzeburgesch
Macedonian
Moldavian
Montenegrin
Norwegian
Russian
Serbian
Serbo-Croatian
Turkish
Ukrainian
Aragonese
Basque
Bosnian
Breton
Catalan
Corsican
Faroese
Gaelic (Scots)
Gallegan
Limburgan; Limburger; Limburgish
Norwegian Bokmael
Norwegian Nynorsk
Sardinian
Walloon
Welsh
Esperanto
Interlingua
Other

3.4 If other, please specify
3.5 I have followed a language course/training in this main language before or during the activity

- Yes
- No
3.6 Personal and professional development: thanks to this mobility activity...

<table>
<thead>
<tr>
<th></th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>I have experimented and developed new learning practices or teaching methods or pedagogical management</em></td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td><em>I have gained sector-specific or practical skills relevant for my current job and professional development</em></td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td><em>I have enhanced my organisational/management/leadership skills</em></td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td><em>I have reinforced or extended my professional network or built up new contacts</em></td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td><em>I have reinforced the cooperation with the partner institution/organisation</em></td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td><em>I have built cooperation with players in the labour market</em></td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td><em>I have built cooperation with players in civil society</em></td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td><em>I have increased my social, linguistic and/or cultural competences</em></td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td><strong>I have improved my competences in the use of Information and Communication Technology tools (e.g. computer, internet, virtual collaboration platforms, software, ICT devices, etc.)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td><strong>I have increased my job satisfaction</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>I have enhanced my employment and career opportunities</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
3.7 Furthermore...

<table>
<thead>
<tr>
<th>I have increased my awareness on new methods of assessing/giving credit for skills or competences acquired in VET school or in a training/learning context</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>I have improved my knowledge of the subject taught/trained of my professional area</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>I have shared my own knowledge and skills with students and/or other persons</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>I have refreshed my attitude towards teaching/training/pedagogical management</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>I have upgraded my knowledge of VET systems in other countries</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>I have increased my awareness of (European) funding mechanisms for VET projects</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
</table>

3.8 My participation in Erasmus+ had the following impact on my sending organisation

<table>
<thead>
<tr>
<th>Will lead to the use of new teaching/training methods/approaches/good practices at my sending organisation</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Has led to the use of new teaching/training</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>methods/approaches/good practices at my sending organisation</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>-------------------------------------------------------------</td>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td>✫ Will lead to the introduction of new teaching/training subject(s)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>✫ Has led to the introduction of new teaching/training subject(s)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>✫ Will lead to better motivation of learners in the subject my sending organisation teaches</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>✫ Will lead to the introduction of changes in the organisation/management of my sending organisation</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>✫ Has led to the introduction of changes in the organisation/management of my sending organisation</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>✫ Will lead to new/increased cooperation with the partner organisation(s)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>✫ Has led to new/increased cooperation with the partner organisation(s)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>✫ Will lead to internationalisation of my sending organisation</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>✫ Has led to internationalisation of my sending organisation</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

✉️ 3.9 If other, please specify.
3.10 In the future...
- I intend to participate in other Erasmus+ activities
- I am more motivated to carry on developing my professional skills

4 Certification and Formal Recognition

4.1 Have you received formal recognition for satisfactorily completed activities of the programme (for example a certificate, diploma etc.)?
- Yes
- No

4.2 What type of certification did you receive?
- Course Specific Certificate
- Europass Mobility Document
- Attendance certificate by host institution
- Recognition at national level
- Recognition at regional level
- Recognition by home institution
- Work certificate
- Other

4.3 If other, please specify.

4.4 In what way will your mobility be recognised by your sending organisation?
- Informal recognition by the management
- Salary increase
- Other
- Not recognised at all

5 Conclusions

5.1 How satisfied are you with your Erasmus+ mobility experience in general?
- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
Very dissatisfied

5.2 Would you recommend this experience to a colleague?
   - Yes
   - No

5.3 How do you plan to share your experience?
   Multiple answers are possible.
   - With a written report
   - At staff meeting(s)
   - At conference(s)
   - At workshop(s) with colleagues
   - In the media
   - Other
   - No plans to share

5.4 If you wish, please give any additional information, observations, comments or recommendations that may be useful for future participants, projects as well as to the National Agency or the European Commission.

6 Publication and Usage Rights of the Information and of the Email Address

6.1 I’m willing to help staff and students based on my own Erasmus+ experience. They can contact me at my email address.
   - Yes
   - No

6.2 I agree that (parts of) this report can be published and made available to the general public.
   - Yes, with my name and email address
   - Yes, but anonymised (no name and no email address)
   - No

6.3 I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the Erasmus+ programme and EU issues.
   - Yes
   - No