1 Purpose of the participant report

This final report on your mobility experience will provide the EU's Erasmus+ programme with valuable information, which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 45/2001 of the European Parliament and of the Council of 18 December 2000 on the protection of individuals with regard to the processing of personal data by the European Union institutions and bodies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating institutions, their national agencies and the European Commission. More details in Specific Privacy statement.

2 Identification of the Participant and General Information

2.1 First and last name

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

2.2 Email address, where I can be contacted in the future

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Please correct the email address if necessary.

2.3 Which year in the study level?

1
2.4 What were your main motivations for carrying out a learning mobility period abroad?

Multiple answers are possible.

- Enhance my technical/professional skills/competences
- Opportunity to live abroad
- Opportunity to learn/improve a foreign language
- Opportunity to meet new people
- Opportunity to develop personal skills, such as adaptability
- Enhance my future employability in my home country
- Enhance my future employability abroad
- Opportunity to experience different learning practices
- Possibility to choose to do part of my studying/training in a foreign language
- The length of the study/training period was appropriate
- Quality of the receiving institution
- Good alignment of the courses/training abroad with the curriculum at the sending institution
- Available support in finding accommodation

3 Quality of Studies/Training

3.1 Your receiving institution was...?

- a VET school/institute
- a company
- a mix between VET school/institute and company

3.2 How would you evaluate the quality of learning and teaching at the receiving organisation?

<table>
<thead>
<tr>
<th></th>
<th>Very good</th>
<th>Good</th>
<th>Fair</th>
<th>Poor</th>
<th>Very poor</th>
<th>Not applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>The quality of content of training</td>
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<td></td>
</tr>
<tr>
<td>The quality of teaching methods</td>
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<td></td>
<td></td>
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</tr>
</tbody>
</table>

3.3 Please describe:

- what you have done during your training period abroad,
- the new knowledge, skills and competences that you have accrued,
- the key experiences that you will take away from this transnational mobility?
3.4 Would you recommend your host organisation?

- [ ] Yes
- [ ] No

3.5 How would you evaluate the quality of support at your sending and receiving organisations?

<table>
<thead>
<tr>
<th>Question</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
<th>Not applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>* I was given proper help to find a suitable host organisation</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>* The organisation where I was trained met my needs</td>
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</tr>
<tr>
<td>* I knew clearly what I was expected to do and learn during my training abroad</td>
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</tr>
<tr>
<td>* The training duration was long enough for me to fulfil my training objectives</td>
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<td></td>
</tr>
<tr>
<td>* The proposed activities were directly related to my training objectives in my home country</td>
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<td></td>
</tr>
</tbody>
</table>
I was provided with proper equipment

I knew who the person assigned to help me carry out my training and check my results was

My sending organisation was helpful during my placement

4 Foreign Language Skills and Linguistic Support

4.1 What was the main language used during your mobility activity?
- Bulgarian
- Croatian
- Czech
- Danish
- Dutch
- English
- Estonian
- Finnish
- French
- German
- Greek
- Hungarian
- Irish
- Italian
- Latvian
- Lithuanian
- Maltese
- Polish
- Portuguese
- Romanian
- Slovak
- Slovenian
- Spanish
4.2 If other, please specify

4.3 Do you feel you have improved your skills in this language during your stay abroad?
- Yes
- No, I was already fluent
- No

4.4 Did you take advantage of linguistic support in learning this main language?
- Yes
- No

4.5 What kind of support did you receive?
Multiple answers are possible.

- Erasmus+ online language service
- Language course/training provided by the sending institution/organisation
- Language course/training provided by the receiving institution/organisation
- Language course/training provided both by the sending and receiving institutions/organisations
- Financial support to carry out a self-study (DVD, books)
- Other

★ 4.6 Do you feel the OLS Language Course helped you to improve your language level?
  - Yes
  - No

★ 4.7 Overall, how satisfied were you with the OLS experience?
  - Very satisfied
  - Rather satisfied
  - Neither satisfied nor dissatisfied
  - Rather dissatisfied
  - Very dissatisfied

★ 4.8 How satisfied are you with the OLS Assessment?
  - Very satisfied
  - Rather satisfied
  - Neither satisfied nor dissatisfied
  - Rather dissatisfied
  - Very dissatisfied

★ 4.9 Approximately, for how many hours in total?
  - Less than 10 hours
  - Between 10 and 30 hours
  - Between 30 and 50 hours
  - More than 50 hours

★ 4.10 Why didn’t you take advantage of linguistic support?
  - I did not ask for it
  - I did not need it because my knowledge of the foreign language was adequate
  - I did not have time
  - The sending/receiving organisations did not provide it to me
  - Other
  - I did not need it as it is my mother-tongue

★ 4.11 While staying abroad, did you improve your competence in other languages besides the main one used?
  - Yes
  - No
Which were those languages?

4.12 Language 1
- Bulgarian
- Croatian
- Czech
- Danish
- Dutch
- English
- Estonian
- Finnish
- French
- German
- Greek
- Hungarian
- Irish
- Italian
- Latvian
- Lithuanian
- Maltese
- Polish
- Portuguese
- Romanian
- Slovak
- Slovenian
- Spanish
- Swedish
- Albanian
- Icelandic
- Letzeburgesch
- Macedonian
- Moldavian
- Montenegrin
- Norwegian
- Russian
- Serbian
- Serbo-Croatian
- Turkish
- Ukrainian
- Aragonese
- Basque
- Bosnian
- Breton
- Catalan
- Breton
- Corsican
- Faroese
Gaelic (Scots)
Gallegan
Limburgan; Limburger; Limburgish
Norwegian Bokmael
Norwegian Nynorsk
Sardinian
Walloon
Welsh
Esperanto
Interlingua
Other

4.13 If other, please specify

4.14 Language 2
Bulgarian
Croatian
Czech
Danish
Dutch
English
Estonian
Finnish
French
German
Greek
Hungarian
Irish
Italian
Latvian
Lithuanian
Maltese
Polish
Portuguese
Romanian
Slovak
Slovenian
Spanish
Swedish
Albanian
Icelandic
Letzeburgesch
Macedonian
Moldavian
Montenegrin
Norwegian
Russian
Serbian
Serbo-Croatian
Turkish
Ukrainian
Aragonese
Basque
Bosnian
Breton
Catalan
Corsican
Faroese
Gaelic (Scots)
Gallegan
Limburgan; Limburger; Limburgish
Norwegian Bokmael
Norwegian Nynorsk
Sardinian
Walloon
Welsh
Esperanto
Interlingua
Other

4.15 If other, please specify

5 Personal Development

5.1 Through my participation in this activity I learned better how to...

<table>
<thead>
<tr>
<th></th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>think logically and draw conclusions</em> (analytical skills)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
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<tr>
<td><em>find solutions in difficult or challenging contexts</em> (problem-solving skills)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
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<tr>
<td><em>plan and carry out my learning independently</em></td>
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<tr>
<td><em>express myself creatively</em></td>
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<tr>
<td><em>use internet, social media and PCs, e.g. for my studies, work and personal activities</em></td>
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<tr>
<td><em>communicate and express myself in my mother tongue</em></td>
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<tr>
<td><em>develop an idea and put it into practice</em></td>
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<tr>
<td><em>see the value of different cultures</em></td>
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<tr>
<td><em>cooperate in teams</em></td>
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<tr>
<td><em>plan and organise tasks and activities</em></td>
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</tbody>
</table>

**5.2 After having taken part in this mobility activity...**

<table>
<thead>
<tr>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>I am more confident and convinced of my abilities</em></td>
<td></td>
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<tr>
<td><em>I know better my strengths and weaknesses</em></td>
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<tr>
<td><em>I am more able to adapt to and act in new situations</em></td>
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<tr>
<td><em>I am more able to think and analyse information critically</em></td>
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<tr>
<td><em>I am more tolerant towards other persons’ values and behaviour</em></td>
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<tr>
<td><em>I am more open-minded and curious about new challenges</em></td>
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<tr>
<td><em>I intend to participate more actively in social and political life of my community</em></td>
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</tr>
<tr>
<td>Statement</td>
<td>Strongly agree</td>
<td>Rather agree</td>
<td>Neither agree nor disagree</td>
<td>Rather disagree</td>
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<tr>
<td>--------------------------------------------------------------------------</td>
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<tr>
<td><em>I am more interested in knowing what happens in the world daily</em></td>
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<tr>
<td><em>I am more able to reach decisions</em></td>
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</tr>
<tr>
<td><em>I am more able to cooperate with people from other backgrounds and cultures</em></td>
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<tr>
<td><em>I am more interested in European topics</em></td>
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<tr>
<td><em>I feel more European</em></td>
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<tr>
<td><em>I am more aware of social and political concepts like democracy, justice, equality, citizenship, civil rights</em></td>
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<tr>
<td><em>I improved my technical/professional skills/competences</em></td>
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</tbody>
</table>

6 Future Prospects of Education, Training and Work

6.1 Thanks to this mobility experience:

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>I believe that my chances to get a new or better job have increased</em></td>
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</tr>
<tr>
<td><em>I have a clearer idea about my professional career aspirations and goals</em></td>
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</tr>
<tr>
<td><em>I have better opportunities for internships or jobs in my home country</em></td>
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<tr>
<td><em>I am better capable of taking over work tasks with high responsibility after my stay abroad</em></td>
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</tr>
</tbody>
</table>

6.2 How has the stay abroad changed the way you see your future work?
<table>
<thead>
<tr>
<th></th>
<th>Strongly agree</th>
<th>Rather agree</th>
<th>Neither agree nor disagree</th>
<th>Rather disagree</th>
<th>Strongly disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>I can easily imagine working abroad at some point in the future</em></td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td><em>I can easily imagine working in the country where I did my Erasmus+ period in the future</em></td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td><em>I would like to work in an international context</em></td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>

### 7 Practical and Organisational Arrangements

**7.1 Did you require a visa in order to participate in this mobility?**

- ○ Yes
- ○ No
7.2 How satisfied were you with assistance related to visa issues?

<table>
<thead>
<tr>
<th>Provided by the sending institution</th>
<th>Very satisfied</th>
<th>Rather satisfied</th>
<th>Neither satisfied nor dissatisfied</th>
<th>Rather dissatisfied</th>
<th>Very dissatisfied</th>
<th>Not applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Provided by the receiving institution</td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
7.3 How would you consider your degree of integration during your mobility experience?

<table>
<thead>
<tr>
<th></th>
<th>Very good</th>
<th>Good</th>
<th>Fair</th>
<th>Poor</th>
<th>Very poor</th>
<th>Not applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>* In the everyday life of the receiving institution</td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>* With local trainees or employees</td>
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<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>* With other Erasmus+ / international trainees</td>
<td></td>
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</tr>
</tbody>
</table>

7.4 How satisfied were you with the way the receiving organisation dealt with any questions, complaints or problems that may have come up during your mobility experience?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

7.5 Did you have a mentor in the receiving organisation?

- Yes
- No

7.6 How satisfied were you with your mentor provided by the receiving organisation?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

7.7 Please describe the good and bad elements of the mobility experience according to your answers above.

7.8 How satisfied are you with your accommodation and travel arrangements?

<table>
<thead>
<tr>
<th></th>
<th>Very satisfied</th>
<th>Rather satisfied</th>
<th>Neither satisfied nor dissatisfied</th>
<th>Rather dissatisfied</th>
<th>Very dissatisfied</th>
</tr>
</thead>
</table>
8 Costs

8.1 Are you aware of having an Erasmus+ grant and to what extent did it cover your overall expenses related to your mobility period?

- 0-25%
- 26-50%
- 51-75%
- 76-100%
- I am not aware/don't know

8.2 Did you receive any other sources of funding, in addition to the Erasmus+ grant?

Multiple answers are possible.

- State and/or regional grant(s)
- Grant from your sending institution
- Part-time job during your period abroad
- Other grants or loans
- Family
- Own savings
- Contribution from host organisation
- Other sources
- None

9 Conclusions, Personal Comments and Recommendations

9.1 How satisfied are you with your Erasmus+ mobility experience in general?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

9.2 Please describe the main tasks that you carried out and the most important things that you learnt during the studying/training period and underline the key experiences that you will take away from this transnational mobility.
9.3 What were the most important experiences from your mobility experience? Please underline both positive and negative aspects.

9.4 If you wish, please give any additional information, observations, comments or recommendations that may be useful for future participants, projects as well as to the National Agency or the European Commission.

10 Publication and Usage Rights of the Information and of the Email Address

10.1 I agree that (parts of) this report can be published and made available to the general public.
- Yes, with my name and email address
- Yes, but anonymised (no name and no email address)
- No

10.2 I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the Erasmus+ programme and EU issues.
- Yes
- No